

Invitation: **Enlightenment Intensive** here in North Alabama.



Enlightenment Intensives are unique. They belong to no tradition, though they have their roots in the same soil that all the great traditions have grown from – humanity's longing for realization, for awakening, for enlightenment. They have no doctrine, no ready-made map that explains how the truth looks, how it will taste, what you will see when you wake up. The fact of the matter is that you do not need anyone to tell you the truth. You are the truth you seek and only you can discover this for yourself. What enlightenment intensives do is place you in an environment in which you can open to the truth and in which you can let the truth reveal itself to you.

On March 9, 2012 we will gather (for our 20th time) in North Alabama to focus on truth. Our three day Intensive has beautiful quiet settings conducive to contemplation. A 12 private room lodge was rented on Elk River from Joe Wheeler State Park so each person has their own room. A full time cook will serve all vegetarian meals. Three full meals and two snacks with an hour walking meditation and hour rest period along with eleven (40 minute) dyads fill each of the three days.

The Intensive format was developed in 1968 by Charles Berner after years of research into methods for improving communication skills and deepening relationships. Combining contemplation of the questions, "Who am I?", "What am I?", "What is life?", "What is love?", and "What is another?" with one-to-one communication, he discovered that within periods of a few days, his students were having enlightenment experiences identical to those produced by years of silent meditation. Since 1968, the Enlightenment Intensive has helped thousands of people accelerate their awakening, enhance their communication skills and improve the quality of their lives.

There is no belief system or particular view of life taught during an Enlightenment Intensive. No one tells you what the Truth is. The dyad format gives one an opportunity to go beyond mental constructs and bring full consciousness into direct contact with the Truth. During the Intensive participants combine the steady work on the contemplative question with responsible (no cross talk) communication to a partner. People spend half the time contemplating and communicating and half the time receiving their partner's communication, working with a new partner about every forty-five minutes. Dyad periods are balanced with vegetarian meals, tea breaks, walks, physical exercise and rest, inspirational talks, and silent contemplation.

"There is only one absolute Truth, and all other truths emanate from it. The Truth is inseparable from who you are. Yes, you are the Truth. If you look for it elsewhere, you will be deceived every time. The very Being that you are is Truth."

"Nobody can tell you who you are. It would be just another concept, so it would not change you. Who you are requires no belief. In fact, every belief is an obstacle. It does not even require your realization, since you already are who you are. But without realization, who you are does not shine forth into this world. It remains in the unmanifest, which is, of course, your true home. You are then like an apparently poor person who does not know he has a bank account with \$100 million in it and so his wealth remains an unexpressed potential." Eckhart Tolle

The cost of the 3 day Intensive is \$300, which includes the Intensive, room, and board. The cost is discounted to \$250 for those who pay in full by January 25. Contact Bill or Joanne Savoie for details. Phone: (256) 505-4443. Email: bsavoie@rocketmail.com and for information also see our web site at <http://www.dyad.org/>

The Intensive will be facilitated by Bill & Joanne Savoie. Bill studied with the Intensive's originator, Charles Berner, beginning in 1966, and has taken or led over 100 Intensives. Joanne has over 30.





"Look nakedly at whatever appears at the moment it appears. By relaxing in that state, awareness – in which there is no grasping at appearances as something – arises nondualistically, intrinsically freed.."
 Logchenpa
 (1308-1363)
 tans. Lipman & Peterson

Some practical considerations: We have an option – this year – to have 3 more days for an additional \$80 cost. (The weekly rental rate is not that much more than renting it for 4 days.) If you are interested, check the box on the back of this page and we will see if we have enough to offer this.

Accommodations: The lodge sleeps 34 to 40 in double occupancy rooms (we are limiting the size to 20). Sheets, towels, pillows, and blankets are furnished. The lodge is in a quiet natural setting of beautiful isolated woods – ideal for contemplation. You will be served three quality vegetarian meals and two snacks a day.

If you want a closer connection to Joy in your life – attend this Intensive. You will gain the strength to say what needs to be said – and the wisdom to deal with the truth that arises around you.

"An essential part of true listening is the discipline of bracketing, the temporary giving up or setting aside of one's own prejudices, frames of reference and desires so as to experience as far as possible the speaker's world from the inside, step in inside his or her shoes. This unification of speaker and listener is actually an extension and enlargement of ourselves, and new knowledge is always gained from this. Moreover, since true listening involves bracketing, a setting aside of the self, it also temporarily involves a total acceptance of the other. Sensing this acceptance, the speaker will feel less and less vulnerable and more and more inclined to open up the inner recesses of his or her mind to the listener. As this happens, speaker and listener begin to appreciate each other more and more, and the duet dance of love is begun again." M. Scott Peck, MD (1936–2005)

Each person then in his own way has an inner world that no one else can get to. If this inner world is closed off, or biased, or made private, only a hollow shell of life is made possible. Everything is filtered by our inner world. In this inner sense, we create ourselves and we are responsible for our inner clarity.

"On the mountains of truth you can never climb in vain: either you will reach a point higher up today, or you will be training your powers so that you will be able to climb higher tomorrow." - Friedrich Nietzsche (1844–1900)

In doing Enlightenment Intensives it becomes clear that this inner work goes beyond language, beyond the logical mind, and beyond anything that can be given by others. To find our way, towards enlightenment, we must do it alone. It might seem dark, but as our eyes adjust, it becomes brighter. Eventually we will see everything. We learn to use our own light, our own language, and our own intelligence. What we find is a truth beyond what an individual can 'figure out'. We become greater than any self image, and wiser than any fixed dogma that is frozen in language. We discover a field of knowing, a bliss where all thinking ends, all separation ends, all suffering ends. We now can see clearly that it has never been otherwise.

Alabama is a wonderful state for Enlightenment Intensives – beautiful state parks – near rivers, lakes and airports. We can provide you with transportation to and from the airport. Come to the beauty of Alabama and integrate yourself/life/another in a state of mutual respect and love.

To register, fill this out and send it in with your check to
Bill Savoie, 1505 Snug Harbor Rd. Grant, AL 35747

Name _____

First Intensive? Yes ___ No ___ Other inner work _____

Your Address _____

your e-mail _____ Interested in extended 6 day Intensive? Yes ___ No ___

Any Food Allergies ? _____

Telephone ____ - _____ : age ____ : Do you smoke cigarettes? _____

I need a ride _____ : I can offer a ride _____ Need Scholarship ____ ?

Questions or Further Information or Anything Else that might help us to help you?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.